

4 bucket-list goals I completed in 2015



I'm a huge fan of setting goals. If you aim at nothing you will always hit it.

In 2015 I wrote four posts regarding setting and accomplishing goals:

- [Set and accomplish goals](#)
- [Reduce large goals to doable units of work](#)
- [Do more](#)
- [Maintain a bucket list](#)

I maintain a robust "bucket list" of goals that I want to accomplish before I expire. These items are, of course, in addition to normal everyday activities. This year I checked off the following:

1. Join Mensa International

Mensa is the largest and oldest high IQ society in the world, open to people who score at the 98th percentile or higher on a standardized, supervised IQ or other approved intelligence test. There are around 57,000 people in the U.S. who have passed the test.

When I was in high school I took an IQ test and missed getting into Mensa by .5% and that has always bothered me...like an unfinished sentence.

So on May 16, 2015 I took the test and scored in the 99th percentile. Yeah.

2. Visit a country I've never been to before.

My goal is to visit 60 countries before I die. Mary and I have been to 43 and we try to add one new country

every year.

On August 10-14, 2015 Mary and I went to the United Arab Emirates and enjoyed the mid-eastern culture, went to the top of the world's tallest building, etc. We have plans to add two new countries in 2016.

3. Stand 30 minutes by myself somewhere on earth where it's at least 130° fahrenheit.

While I was in the UAE I hired a car and driver to take me out into the desert toward Oman. Fortunately, the area was experiencing a severe heat wave. I recorded 132° on my digital thermometer.

I also want to stand for 30 minutes by myself somewhere on earth where it's at least negative 30° fahrenheit. Perhaps this year...

4. Publish six monographs on the six soft skills I teach in the Lead Well workshop.

In September of this year I published *Lifelong Learning: Why it's more important and doable than you think*

In 2016 I will publish #2 of the six: *Signature Soulprint*.